

Ayala High School



Pre-Season Athletic Health Screenings

Girl's Screenings Monday, May 20th 3:00pm-6:30pm

Boy's Screenings Friday, May 24th 3:00pm-6:30pm

Pre-screening days MUST also be completed before attending the physical day. This is to ensure a shorter wait time on the day of the physicals. Height, weight and vision, and paperwork check will be completed on pre-screening day. Student-athletes only need to attend **ONE** of the days listed below. They will be held in classroom F 131 (in the F portables) from <u>3pm-5pm</u> each day. (MUST bring physical evaluation form printed from <u>AthleticClearance.com</u>)

Monday May 6th

Wednesday May 8th

Thursday May 9th

Recommended for incoming freshmen and all returning Ayala student-athletes.

COST \$20.00 - **CASH ONLY**

Location- Check in to Room F131 (In the F portables)

Sign-up for a time slot with our Certified Athletic Trainer, Kayla Wille in the Athletic Training room (G 131) or at (909) 627-3584 ext. 2631

**All Participants must wear shorts to the examination. **

All athletes need to register on <u>AthleticClearance.com</u>, <u>print and bring all medical</u> <u>forms to the health screening</u> (Bring forms on pre-screening day to be checked so there are no issues the day of the physicals)

This athletic health screening clears a student for one academic year of athletic participation

A portion of each screening fee goes to Ayala Athletic Training Program.

Special thanks to: Dr. James Lally, and his team of doctors